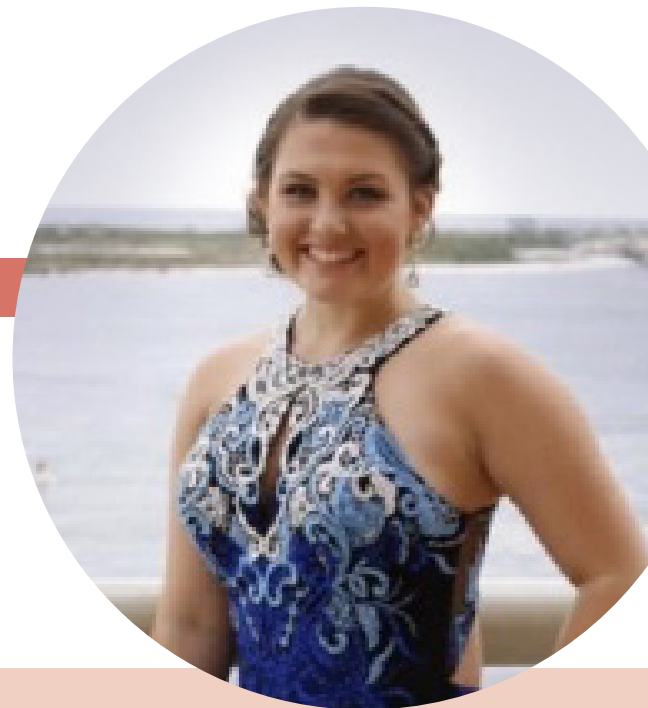


PATIENT PROFILE

Local woman says FDA approved implant changed her life

By Rose Ann Haven, *WKRG News 5*



PATIENT

22-years old
Baldwin County, AL



ISSUE

Urge
Incontinence



RESULTS

Not being embarrassed in front of friends,
better performance at work

BALDWIN COUNTY, Ala. (WKRG) — For as long as she can remember, Megan Doan has been burdened with trying to conceal an embarrassing medical problem, an overactive bladder.

“It was always in the back of my mind, what my backup plan was. It was always, OK... make sure you pack that extra outfit in the car just in case things go south,” Doan said.

No matter the age or activity, behind her smile, she was always thinking ahead of how quickly she could make it to the restroom and answering difficult questions.

“Why, why are you leaving? Why are you doing this? Why are you making excuses? Being at a friend’s house and this happening... happening overnight and there’s no excuse but to say... you had an accident.”

Many patients like Doan who’ve tried treatments that have failed feel powerless. When her urogynecologist, told her about a recently approved FDA surgery she thought, “Ehhhh. I might not like this. This might be a little weird, out of my comfort zone.”

Dr. Pedram Ilbeigi, D.O., FACS, Chief Medical Officer of Urological Institute says Axonics therapy is much easier than what patients had to go through before. “This is actually working in a different level. This is working at the nerve level and making things better,” said Dr. Ilbeigi. He implants a small, rechargeable device in the upper buttock emitting mild electrical pulses that serve as a thermostat for the signals between the brain and the nerves that control the bladder and bowels.

“This device interrupts those abnormal stimulations, but at the same time allows the normal stimulations to get through. So, when you need to go you can but, when you don’t want to go, you won’t,” said Dr. Ilbeigi.

Despite her doubts, the 22-year-old nursing student facing 12-hours shifts in a clinical setting decided to have the surgery in August.

“I had to do something to change my life and to make it where that wasn’t always my priority, because when I’m in the hospital my patient will always come first. Not me as a patient,” Doan said.

PATIENT PROFILE



About once a month, she wears a belt for about an hour to re-charge the implant. She can also adjust the stimulation with a small remote that looks similar to a key fob.

“If I could have gone back years and years ago and had this implant affect my life the way it’s done now, I would’ve been set really you know... for all those hard years. But, now that I have it, I’m just looking to the future, because I’m in control now,” Doan said.

The implant, good for 15 years is also M.R.I. compatible and works for fecal incontinence. Dr. Ilbeigi and Urological Institute of Southern California of the is the first practices to use this latest technology in the region. “There’s hope. There’s an option past diapers that I think patients need to be aware of,” Dr. Ilbeigi said.

“I went for it. I tried it and I’m really thankful I did,” Doan said.

The Urologic Institute

Providing patients and their families with the medical care and personal support they need is a priority for our academic-level, board-certified urology specialists. Bringing together specialists with complementary skills allows us to address every urological condition quickly and effectively.

For more information or to book an appointment call our office at (760) 330-2828

Learn More

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“I’m just looking to the future, because I’m in control now,”

– Megan Doan

URINARY INCONTINENCE CAN AFFECT EVERYONE

It is estimated that

423M PEOPLE

people worldwide (20 years and older) experience some form of urinary incontinence¹

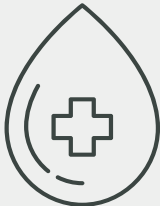


Urine incontinence affects

24 - 45%

of adult women.²

4 SYMPTOMS OF AN OVERACTIVE BLADDER



- Frequency
- Urgency
- Needing to go to the toilet more than once at night
- Urge incontinence